



# 2016-2020

**Living Walkerville:**  
**wellbeing for every age and stage**

# contents



The Town of Walkerville acknowledges the Kaurna people as the traditional custodians of this land, and respects their spiritual relationship with their country.

The Town of Walkerville recognises the generations of stewardship the Kaurna people have provided to this land, and respects that their cultural heritage and beliefs are as important today, as they were for their ancestors.

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# welcome from the mayor

***Living Walkerville: wellbeing for every age and stage is a strategy that integrates planning for wellbeing across all life stages.***

This is the first time that Council has delivered a strategic document that focuses specifically on the wellbeing of individuals living in the Town of Walkerville. As a Council, we understand that the wellbeing of individuals is linked to the wellbeing of our community. Just as we plan for infrastructure, open spaces and traffic management – Council also has a role in fostering the wellbeing of its community.

The development of this strategy was guided by community feedback and consultation. Through the engagement process we spoke to school children, retirees, and everyone in between. We connected with social agencies across the State including, Alzheimer's SA, Active Ageing, Beyond Blue and the Eastern Domestic Violence Centre.

This is our strategic response to the very human challenges and opportunities presented to individuals, families and communities who live, work, play and study in the Town of Walkerville.



**Ray Grigg**  
Mayor of Walkerville



# developing living walkerville

**In early 2016, planning commenced on developing an overarching strategy that would articulate Council's vision to enhance quality of life and facilitate activities and organisations that advocate for: babies, children, youth, women's issues, literacy, mental health, inclusivity and cultural diversity, active ageing and home support.**

The strategy is called: *Living Walkerville: wellbeing for every age and stage.*

At the ordinary council meeting on 21 March 2016 the Elected Members endorsed a draft framework for Council's Community Wellbeing Strategy to be released for public consultation and an indicative program towards the development of the strategy.

The framework for *Living Walkerville: Wellbeing for every age and stage* was open for public consultation from Tuesday 5 April until Tuesday 10 May, 2016. Part of the consultation was a Wellbeing Expo Event held on Monday 9 May. Approximately 60 people attended the event, including students from Wilderness, Vale Park and St Andrew's Primary School.

The following groups were represented at the expo:

- Neighbourhood Watch
- Friends of the Walkerville Library
- Walkerville Historical Society
- City of Prospect – to represent Commonwealth Home Support and Youth programs
- Walkerville Rotary
- Eastern Adelaide Domestic Violence Service
- Active Ageing
- Eastern Health Authority
- Beyond Blue.



During the expo, 'speed workshops' facilitated by community engagement specialist Becky Hirst were offered as a way for participants to provide input into the strategy.

Workshops were designed to explore the concept of wellbeing in Walkerville. Participants were asked to define what is meant by 'wellbeing', what currently works well and what needed improvement.

Feedback was provided to Council in three ways:

- from workshops held on the expo day
- through online and print surveys
- from the 'Wellbeing Tree' display set up in the Civic and Community Centre where people could nominate their 'top three' issues using sticky dots.



Key themes were presented for public consultation and participants (both attendees to the expo and those who completed an online or print survey) were asked to respond to each of these themes in order of priority.

The key themes were:

- English literacy
- active ageing
- babies
- youth
- women's issues
- support at home
- inclusivity & cultural diversity
- children
- mental health
- disability.

**32 survey responses were received with 98% stating that 'wellbeing' was very important for them.**

From the survey results and comments at the workshops and on the wellbeing tree, the top three themes that are most important to our community were identified as:

- Active ageing
- Support at home
- Inclusivity and cultural diversity.

The community responses also identified three themes that should be included;

- men's issues
- street fairs/markets
- community garden.

The strategy consolidates all the themes identified during public consultation into 9 integrated themes. An action plan was developed with initiatives, desired outcomes and targets. The targets in the plan enable us to measure the desired initiatives and outcomes by way of annual surveys, website polls and attendance statistics and will be reviewed annually.

The strategy was endorsed by the Elected Members in December 2016 as per Council resolution CNC 232/16-17.

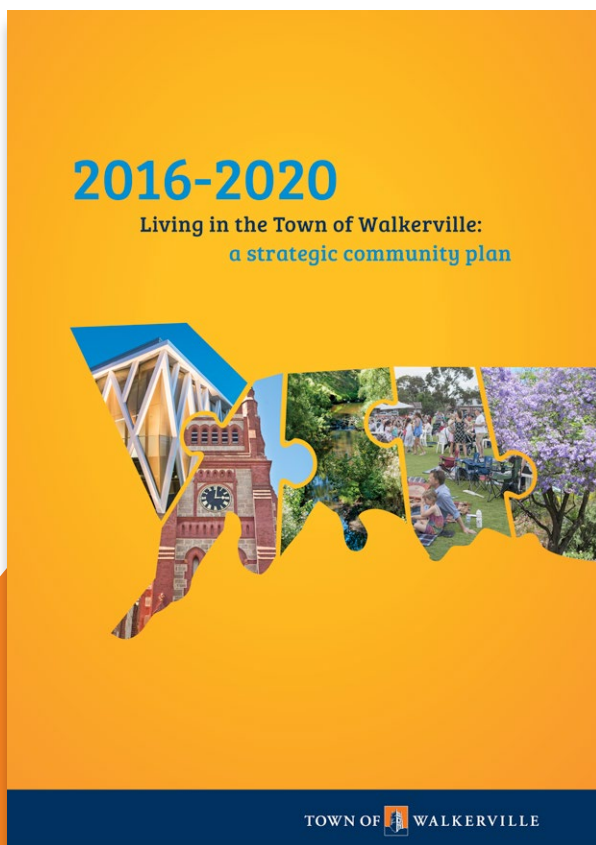


# strategic alignment

The vision, mission and values of Living Walkerville are aligned to the *Strategic community plan* which was adopted by the Council in July 2016.

Two out of the five key focus areas of the *Strategic community plan* speak directly to Living Walkerville:

- healthy, connected and inspired community
- vibrant local culture, inspired by diversity and inclusivity.



## Healthy, connected and inspired community (key focus area 4)

initiative	desired outcomes	targets	SA SP* target
<b>enhance community wellbeing</b>	<ul style="list-style-type: none"> <li>Community wellbeing strategy developed, endorsed and implemented.</li> <li>Facilitate and develop programs and services for vulnerable members of the community.</li> </ul>	<ul style="list-style-type: none"> <li>Council's <i>Living Walkerville: wellbeing for every age and stage</i> is implemented.</li> </ul>	T5, T23, T24, T78, T82 & T86
<b>provide active and passive recreational spaces</b>	<ul style="list-style-type: none"> <li>Lighting, signage and footpaths improved along Linear Park.</li> <li>Amenities along Linear Park are improved, providing picnic and BBQ areas.</li> <li>Create an Indigenous Australian art and cultural trail along the Town of Walkerville length of the River Torrens.</li> </ul>	<ul style="list-style-type: none"> <li>Amenities along Linear Park are improved, maintained and identified in the <i>Annual business plan</i>.</li> <li>Indigenous Australian art and cultural trail along the Town of Walkerville length of the River Torrens exists.</li> </ul>	T83  T27
<b>support community leaders to facilitate community events &amp; activities</b>	<ul style="list-style-type: none"> <li>Positive and collaborative working relationships exist between Council and community leaders to deliver community requirements.</li> </ul>	<ul style="list-style-type: none"> <li>Mayor's liaison forums are held every year.</li> <li>Council facilitates community events and activities through its sponsorship &amp; community grant programs.</li> </ul>	T32  T32
<b>technology is available for community use through council's facilities</b>	<ul style="list-style-type: none"> <li>Community has access to appropriate technology to participate in the digital world.</li> </ul>	<ul style="list-style-type: none"> <li>Civic &amp; Community Centre has a selection of appropriate technology available for community use.</li> </ul>	T56
<b>active living is promoted and encouraged</b>	<ul style="list-style-type: none"> <li>Facilitate forums / events to educate community on active healthy living.</li> <li>Develop map outlining local walking trails.</li> <li>Develop resources and programs to meet the learning and literacy needs of the community.</li> </ul>	<ul style="list-style-type: none"> <li>Council's <i>Living Walkerville: wellbeing for every age and stage</i> is implemented.</li> <li>Local walking trail maps exist.</li> <li>Literacy resources and programs are available and incorporated in Council's wellbeing programs.</li> </ul>	T5, T23, T24, T78, T82 & T86  T83  T87

# strategic alignment

## Vibrant local culture, inspired by diversity and inclusivity (key focus area 1)

initiative	desired outcomes	targets	SA SP* target
<b>local history is preserved, promoted and easily accessible</b>	<ul style="list-style-type: none"> <li>The Town's heritage is recognised, recorded, enhanced and protected.</li> <li>Local history displayed and celebrated.</li> <li>Protect and celebrate Australia's Indigenous heritage and culture and provide opportunities for interpretation and understanding.</li> <li>Maximise the cultural and historic value of the Walkerville Wesleyan Cemetery.</li> </ul>	<ul style="list-style-type: none"> <li>Walkerville Library has a dedicated Local History on Display area.</li> <li>Civic &amp; Community Centre has a dedicated display for Australia's Indigenous heritage and Dreamtime.</li> <li>Guided tours operate throughout the year.</li> </ul>	<p>T5</p> <p>T27</p> <p>T5</p>
<b>cultural and community events are well attended</b>	<ul style="list-style-type: none"> <li>Increase attendance at community events and programs.</li> <li>Collaborative approaches with key stakeholders and cross-Council connections made.</li> </ul>	<ul style="list-style-type: none"> <li>Attendances at community events and programs increase each year.</li> <li>Events and programs are co-hosted with key stakeholders.</li> </ul>	<p>T23</p> <p>T3</p>
<b>promote activation and community participation within the town centre</b>	<ul style="list-style-type: none"> <li>Provide open spaces and opportunities for more community participation and events.</li> <li>Create public places that add interest and vibrancy so that residents and visitors enjoy the amenities.</li> <li>Quality permanent and temporary public art is that will enrich the Town's cultural attractiveness is displayed within the Town Centre.</li> </ul>	<ul style="list-style-type: none"> <li>An 'information pack' is available for community use, identifying available public (open) spaces / places for use.</li> <li>Public art is on display within the Town Centre.</li> </ul>	<p>T1 &amp; T83</p> <p>T3</p>
<b>create opportunities for people of every age to participate in community life</b>	<ul style="list-style-type: none"> <li>Develop and implement <i>Living Walkerville</i>, that provides a framework for 'healthy' living for people of all ages</li> </ul>	<ul style="list-style-type: none"> <li><i>Living Walkerville: wellbeing for every age and stage</i> is implemented and reviewed annually.</li> </ul>	<p>T5, T23, T24, T78, T82 &amp; T86</p>



# wellbeing alliances

Better Living Better Health the Regional Public Health and Wellbeing Plan for the Eastern Health Authority Constituent Councils 2014-2018.

South Australia: State of Wellbeing – The Premier, Jay Weatherill has given a statement of commitment to the wellbeing of South Australians, as a vehicle for collaboration across all contributors to South Australian wellbeing, and as a platform for innovation in the reinvigorated territory of wellbeing.

The Town of Walkerville is:

- accredited as a Dementia friendly organisation
- a corporate member of Active Ageing
- a corporate member of Alzheimer's SA
- a member Volunteering SA-NT
- a partner of the Recharge Scheme a national not for profit organisation which provides access to free power sources for people to recharge mobility devices.
- Council works with the Eastern Health Authority (EHA) which serves five constituent metropolitan Councils, including the Town of Walkerville and provides public health services for the Town of Walkerville – including immunisation clinics.

# community partnerships

## Council also partners with local community groups to support activities that support community wellbeing.

To support the work and contribution of local community groups, Council waives all hire fee and charges. Many groups, including Men's Probus, Rotary and the Friends of the Walkerville Library choose to hold their regular meetings and events at the Civic and Community Centre. The following local groups entered into Memorandum of Understanding arrangements to have hire costs waived in 2015/16:

- Friends of the Walkerville Library
- Men's Probus Club of Walkerville
- Rotary Club of Walkerville: Pleasant Sunday Afternoon Concerts
- Walkerville Miniature Christmas Pageant (Peter Golding)
- Vale Park Our Patch.

Council's Community fund program supports the aspirations of people, in particularly, young people, of our community.

Council's Sponsorship program provides funding to support: projects, programs, activities or operational costs, e.g. newsletters that benefit the Town of Walkerville community; capital purchases in support of a community project, program or activity.

In line with its strategic focus areas, the Town of Walkerville supported the following community events in 2015/16:

- 2015 & 2016 Anzac Day Dawn Service, presented by the Walkerville RSL
- 2015 Miniature Christmas Pageant, presented by Peter Golding
- 2015 Walkerville Art Show, presented by Walkerville Rotary.





# community wellbeing

Community wellbeing is about the health and happiness of the community in which we live. Our sense of wellbeing is affected by our physical and mental health, the relationships between us, the natural and built environments in which we live, the economy and our ability to have our say in decisions that matter to us.



# theme 1: babies and early childhood



initiative	desired outcomes	targets	link to strategic community plan
<b>supporting positive health outcomes for babies</b>	Families have access to Eastern Health Authority (EHA) services, such as immunisation clinics.	EHA services are promoted and understood by the community.  Number of people using the services increase each year.	<a href="#">key focus area 4: healthy, connected and inspired community</a>
<b>supporting early childhood development</b>	Families have access to a range of development opportunities that encourage social interaction and early learning skills.	Increased attendances by 10% annually at library programs aimed at babies and early childhood, including Playtime, Storytime and Baby Bounce.	<a href="#">key focus area 4: healthy, connected and inspired community</a>
<b>fostering a sense of belonging and connection for families and carers</b>	Families and carers have access to organisations that provide support services and information.	Seminars and forums held with early childhood specialists for parents and carers.  Website, <i>Weekly round up</i> and <i>About town</i> newsletter promotes support services.	<a href="#">key focus area 4: healthy, connected and inspired community</a>





## theme 2: youth



initiative	desired outcomes	targets	link to strategic community plan
<p><b>young people are inspired to pursue their dreams and aspirations</b></p>	<p>Young people access community fund grants that support sporting, cultural or other endeavours.</p> <p>Council provides programs that support young people, such as Youth FM.</p>	<p>Youth targeted to apply for Council's Community fund program.</p> <p>Applications received increase annually.</p> <p>Local schools are active participants in programs.</p>	<p>key focus area 1: vibrant, local culture, inspired by diversity and inclusivity</p> <p>key focus area 4: healthy, connected and inspired community</p>
<p><b>young people are engaged with their local community</b></p>	<p>Young people are active participants in library activities, such as Clubs, school holiday programs, competitions.</p> <p>Young people have access to designated 'youth friendly' spaces in the Civic and Community Centre.</p> <p>Council partners with local schools in arts and culture events.</p> <p>Participants from local schools are nominated for Young Volunteer of the year award.</p>	<p>There is a 5% increase in young people accessing library programs annually.</p> <p>Dedicated spaces for young people to socialise, study and interact are created.</p> <p>Opportunities for young people to be involved with the community are promoted and encouraged.</p>	<p>key focus area 1: vibrant, local culture, inspired by diversity and inclusivity</p> <p>key focus area 4: healthy, connected and inspired community</p>



## theme 3: women and men



initiative	desired outcomes	targets	link to strategic community plan
<b>partnering with peak bodies that advocate for equal participation, gender pay gap, the prevention of domestic violence and elder abuse</b>	<p>Information and resources available in a range of languages, formats and channels.</p> <p>Council is an equal opportunity employer (EEO) and complies with EEO policies and legislation.</p> <p>Walkerville Council is an accredited White Ribbon Workplace.</p>	<p>Information on family and domestic violence issues and support services are accessible for the community via the website, brochures and newsletter.</p> <p>White Ribbon workplace accreditation is reviewed every three years.</p>	<p>key focus area 1: vibrant, local culture, inspired by diversity and inclusivity</p> <p>key focus area 4: healthy, connected and inspired community</p>
<b>providing Volunteering opportunities</b>	<p>Voluntary activities create pathways into community and personal development providing opportunities for personal growth, health and wellbeing and social interaction.</p>	<p>Opportunities are offered and supported for volunteers within the Civic and Community Centre.</p> <p>Volunteers are recognised and celebrated at annual volunteer lunches.</p>	<p>key focus area 1: vibrant, local culture, inspired by diversity and inclusivity</p> <p>key focus area 4: healthy, connected and inspired community</p>
<b>existing assets are investigated for use as a community garden</b>	<p>Existing site or sites in the Town of Walkerville are used as a community garden.</p>	<p>Community garden established and managed by the community.</p>	<p>key focus area 1: vibrant, local culture, inspired by diversity and inclusivity</p> <p>key focus area 4: healthy, connected and inspired community</p>
<b>clear pathways for men to connect with programs and activities that specifically address men's issues</b>	<p>Council meets with community groups (including Men's Probus, Rotary, RSL) to ascertain what activities and programs are currently available and identify gaps.</p>	<p>Community groups are active participants in activities, particularly in regard to those seen as speaking to men's issues.</p>	<p>key focus area 4: healthy, connected and inspired community</p>



# theme 4: inclusive and cultural diversity



initiative	desired outcomes	targets	link to strategic community plan
<b>greater community interaction and participation</b>	Diversity in our community is recognised and celebrated. We live and work in an environment that values a diverse range of views, knowledge and experiences and use this to maximise our service delivery capabilities.	<p>Publications accessible in plain language.</p> <p>Council services are explained and presented in ways that are mindful of cultural diversity.</p> <p>Public spaces are welcoming and accessible.</p> <p>Forums for new Australian citizens are established.</p>	<p>key focus area 1: vibrant, local culture, inspired by diversity and inclusivity</p> <p>key focus area 4: healthy, connected and inspired community</p>
<b>existing assets are investigated to use for fairs and markets</b>	Existing sites in the Town of Walkerville are used for a diverse range of events including fairs and markets.	Fairs and markets are held annually.	<p>key focus area 1: vibrant, local culture, inspired by diversity and inclusivity</p> <p>key focus area 4: healthy, connected and inspired community</p>
<b>build socially cohesive communities</b>	Promotion of stronger community relations and the development of sustainable community partnerships.	<p>Contributions made by our community are recognised and celebrated i.e. volunteers luncheon, Australia Day citizenship ceremony.</p> <p>A Mayor's Liaison Group is established, focussed on new Australian citizens and residents from culturally diverse backgrounds.</p>	<p>key focus area 1: vibrant, local culture, inspired by diversity and inclusivity</p> <p>key focus area 4: healthy, connected and inspired community</p>



# theme 5: literacy



## initiative

build literacy, language and lifelong learning skills

help our community connect around the issue of literacy, offering ways to network, and work together to improve literacy for every individual, through book groups, author events and workshops

## desired outcomes

Literacy and learning programs for new immigrants and residents are fostered through Library services and include conversational English & assistance with completing forms.

Library offers a range of language collections (print and audio).

Library offers early childhood reading packs with the Little Book Club.

The Library is recognised as a safe community 'literacy hub'.

Programs on offer combine language and digital literacy activities.

The community has access to the International English language test system online.

## targets

Literacy programs are available that encourage families to read together.

Dedicated spaces and furniture exist in the library where families can read to babies and infants.

Library has a dedicated 'LOTE' (language other than English) collection, which is reviewed annually.

Rotating displays of books and items that link with calendar events and external festival programs are available and promoted.

New technologies and digital resources are provided to the community to develop their digital and literacy skills.

## link to strategic community plan

key focus area 1: vibrant, local culture, inspired by diversity and inclusivity

key focus area 4: healthy, connected and inspired community



## theme 6: mental health



initiative	desired outcomes	targets	link to strategic community plan
<b>engage with key stakeholders in the mental health sector to raise awareness of mental health issues and understand the impact of mental health on communities</b>	<p>Awareness and understanding of mental health issues exists in the community through displays, website and Council's promotional networks.</p> <p>Staff are given effective tools, skills and information to support them in dealing with customers with mental health issues.</p>	<p>Information sessions on mental health issues are presented quarterly.</p> <p>Staff are regularly trained on mental health issues.</p> <p>Helplines and links to services are accessible from Council's website.</p>	<p><b>key focus area 1:</b> vibrant, local culture, inspired by diversity and inclusivity</p> <p><b>key focus area 4:</b> healthy, connected and inspired community</p>

## theme 7: disability



initiative	desired outcomes	targets	link to strategic community plan
<b>accessible communities</b>	Local buildings and public spaces are accessible for people with disabilities.	<i>Disability action and inclusion plan</i> is reviewed and updated (as required) annually.	<p><b>key focus area 1:</b> vibrant, local culture, inspired by diversity and inclusivity</p> <p><b>key focus area 4:</b> healthy, connected and inspired community</p>

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<b>accessible information</b>	Information is available for people with hearing loss or deafness, impaired vision or blindness, or disabilities that affect the ability to learn or think.	Information provided to the public is clear and concise and various communication formats are used.	<p><b>key focus area 1:</b> vibrant, local culture, inspired by diversity and inclusivity</p> <p><b>key focus area 4:</b> healthy, connected and inspired community</p>
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## theme 8: active ageing



initiative	desired outcomes	targets	link to strategic community plan
<b>enhanced health and wellbeing</b>	Active living is promoted and encouraged. Healthy lifestyle is promoted.	Forums and information sessions with key stakeholders on health and wellbeing are held biannually. Resources are accessible through the library that assist and promote active ageing. Sessions on healthy eating and cooking are held quarterly.	key focus area 4: healthy, connected and inspired community
<b>services and programs are inclusive, empowering and responsive</b>	Diversity of seniors and their right to safety is recognised.	Forums and information sessions with key stakeholders on a variety of relevant topics are held monthly.	key focus area 1: vibrant, local culture, inspired by diversity and inclusivity  key focus area 4: healthy, connected and inspired community
<b>dementia friendly organisation</b>	Walkerville is an accredited dementia friendly organisation. Staff are trained to understand people with dementia health issues.	Programs and sessions on dementia are held biannually. Information and resources on dementia are available through the library and on the website.	key focus area 1: vibrant, local culture, inspired by diversity and inclusivity  key focus area 4: healthy, connected and inspired community



# theme 9: support at home



## initiative

**ensure diverse needs of older people are supported and acknowledged**

## desired outcomes

Programs and services are offered for vulnerable members of the community.

Members of the community with mobility issues have access to the Home Library Service and outreach programs.

## targets

Attendance at social programs held at the Civic & Community Centre are increased annually.

Number of people using Council's community bus service increases annually.

Outreach programs are promoted and uptake increases annually.

## link to strategic community plan

key focus area 4: healthy, connected and inspired community

**support people to remain in their own home for as long as they wish**

Domestic assistance and home maintenance services are available.

Information is available on government funded programs and accessibility to services.

Home and community care services are promoted.

Information is accessible through the library and on Council's website.

Forum sessions are held annually with key stakeholders to advise the community of changes to government funded services.

key focus area 4: healthy, connected and inspired community





