

# TOP TIPS TO BEAT THE HEAT

**H<sub>2</sub>O  
to go**

Take a bottle of cold water with you when you're out and about.



**Avoid**

Alcohol, tea, coffee and hot, spicy and salty foods can make dehydration worse, so think about avoiding them during hot weather.



**Be cool**

Make use of fans or air-conditioners set to cool.



**Rest**

Make sure you get enough sleep and rest if you feel tired.

**Dress down**

Wear lightweight, light coloured, loose-fitting clothes made from natural fibres, like cotton or linen.



**Soak**

Take a cool shower or bath to help you cool down when you feel hot.



**Shade**

Wear a hat or take an umbrella with you for shade if you're outside on a hot day.

**Enjoy**

Try eating more cold foods, like salads and fruits. They contain water and are more refreshing in hot weather than hot foods.



## Weekly Round Up

22 January 2021

TOWN OF



WALKERVILLE

# Contents

Heatwaves..... 3

Do you have the Walkerville’s best neighbour? ..... 4

Keep your kitchen caddy and green bin smelling sweet... even in the heat... 5

Domestic Violence (DV) Safe Program..... 6

Parking Permit Zone ..... 7

Propel SA – ask the expert!..... 9

Walkerville Library is back to regular hours! ..... 9

CULTIVATE 5081 summer events program out now! ..... 10

Stretch, Meditate & Relax ..... 10

Cooking with Scraps Workshop..... 11

Coding for kids ..... 12

Capital Works Update ..... 13

Street sweeping helps keep the Township clean ..... 13

SA Power Network Tree Pruning..... 14

Open for Consultation ..... 15

Council Meetings ..... 19

# Heatwaves

## Beat the heat and stay in the shade!

With the impending hot weather forecast for this weekend, it is very important to know what the effects of heatwaves are, who is at risk, what to do to prepare and how to cope.

Everyone is at risk of heat-related illness during hot weather and heatwaves. Some groups of people – such as babies and young children, pregnant women, the elderly and people who have chronic health conditions – are more at risk than others.

Follow these simple steps to stay healthy in the heat:



- Drink plenty of water;
- Stay cool with a fan or air-conditioner;
- Avoid going out in the hottest part of the day;
- Keep curtains, blinds and windows closed during the day to keep your home cool;
- Cool off with a shower or bath;
- Look out for family, friends and the elderly;
- Check the weather forecast so you know when hot weather is coming;
- If you go outside during the day, wear loose-fitting, long-sleeved and light-coloured clothing, a hat, sunglasses and SPF30+ or higher sunscreen.

Find more information on how to stay healthy in the heat, please [click here](http://www.sahealth.sa.gov.au/healthyintheheat).

# Do you have the Walkerville's best neighbour?

In the lead up to Neighbour Day, we are on the hunt for the Town of Walkerville's favourite next door community member.



Does your neighbour make a big contribution in your life? Do they put your bins out? Help out in the garden? Watch your place when you are on holidays? Bake you food? Collect your groceries?

It can be someone next door or someone down the street - let us know if you have the Town of Walkerville's best neighbour! Email us at [walkerville@walkerville.sa.gov.au](mailto:walkerville@walkerville.sa.gov.au).

Neighbour Day is an annual celebration that encourages people to connect with their communities; bringing together the people next door, across the street or on the next farm. Relationships Australia, as the home of Neighbour Day, believes in the power of the Australian community to support its most vulnerable, to tackle loneliness and to work together to ensure healthy and safe relationships throughout the pandemic and beyond. The theme of Neighbour Day 2021 is "Every day is neighbour day".

Visit the [Neighbour Day website](#) to register an event and download a FREE kit to help celebrate Neighbour Day. Neighbour Day will be on Sunday 28 March 2021.



# Keep your kitchen caddy and green bin smelling sweet... even in the heat.

## Kitchen Caddy tips



1. **Empty your caddy** when full or every 2-3 days and rinse it after each use. For a more thorough clean you can use dish detergent or pop it in your dishwasher.
2. **Place dry materials** such as tissues, paper towel, paper serviettes, shredded paper, toilet paper rolls, brown paper bags and compostable food packaging in the kitchen caddy to soak up odour and moisture.
3. **Freeze seafood, meat and dairy** scraps until your collection day, then place them straight into your green bin the night before your collection.
4. **Sprinkle bi-carbonate** (baking) soda on top of food scraps.
5. **Use a ventilated caddy** lined with a breathable compostable BioBag or open the lid to allow for airflow.

## Green Bin tips

1. **Line your bin.** Line your bin to stop food sticking to the bottom of the bin. Use newspaper, shredded paper, cardboard (remove any plastic packaging tape first), pizza boxes, egg cartons, dry leaves, or garden clippings before you place food scraps in.
2. **Layer it – like a lasagna!** Alternate layers of lawn clippings, leaves, shredded paper and newspaper between the food scraps to reduce odours and moisture.
3. **Leave the lid open.** On warm sunny days, open the lid of your green bin to allow for aeration and drying of material.
4. **Put your green bin out for collection** every fortnight, even if it isn't full.
5. **Keep your green bin in the shade.**
6. **Don't overfill your bin,** make sure the lid is closed properly.
7. **Wash your bin out** from time to time using a high pressure hose and mild detergent.



# Domestic Violence (DV) Safe Program

## Town of Walkerville partnership with DV Safe Program assists South Australian agencies.

As part of Council's White Ribbon commitment, we partnered with the Domestic Violence (DV) Safe Program to become a collection point for old (working) mobile phones.

Our new involvement with the program was featured in *The Advertiser* on Monday 18 January 2021 (see the following page for the story). Following this promotion, a DV Safe Program representative contacted Town of Walkerville staff to inform Council that since the story was published, two South Australian domestic violence agencies had been in contact to request phones. This is a wonderful outcome and we are very proud to be of such assistance to this cause.



The mobile phone is often one of the first items to be thrown, broken or stolen during domestic violence, leaving the victim cut off from the outside world, with no way to call emergency services or helplines for assistance.

### The DV Safe Program:

- encourages the community to donate unwanted phones and repurposes them for those vulnerable members who need a “safe” phone in times of emergency.
- handles the security requirements around the disposal of old mobile devices (staff individually factory reset and test every phone, as well as destroying any removable SD cards).
- meets the environmental requirements around disposal of old mobile devices (if the phone is unusable due to age/damage, it is recycled through an official mobile phone recycling centre).

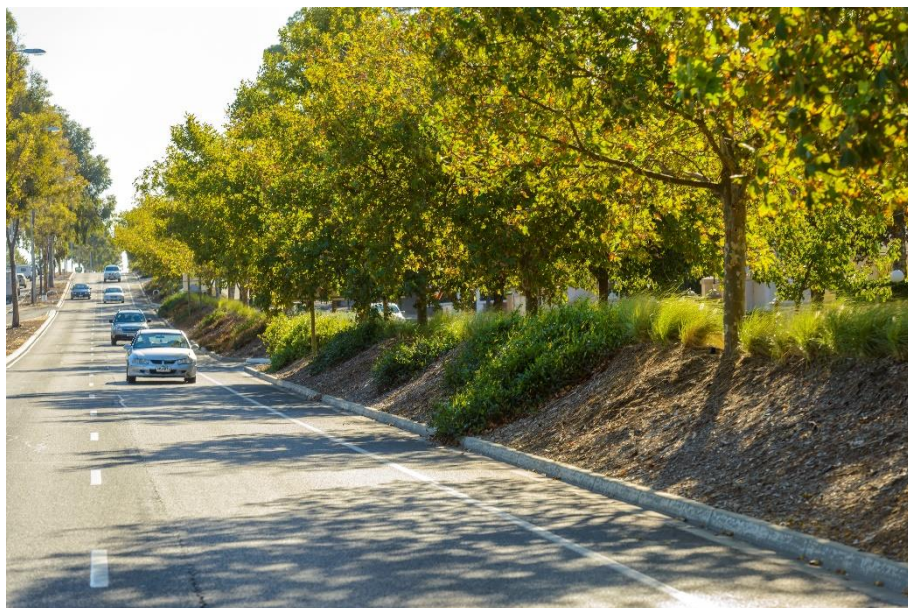
We have installed a collection box for mobile phones in the foyer of the Walkerville Civic and Community Centre.

To find out more about the project ‘DV Safe Phone’ please visit [www.dvsafephone.org](http://www.dvsafephone.org)

# Parking Permit Zone

New parking changes to parts of Medindie and Gilberton will be rolled out from 1 July 2021.

The Town of Walkerville will be implementing 3-hour parking restrictions throughout Medindie and Gilberton between 8am and 5pm, Mondays to Fridays, from 1 July 2021. Residents will be able to apply for on-street fixed parking permits (subject to eligibility), along with the ability to request one free transferable residential parking permit. Vehicles



displaying these permits are exempt from the 3-hour parking restrictions.

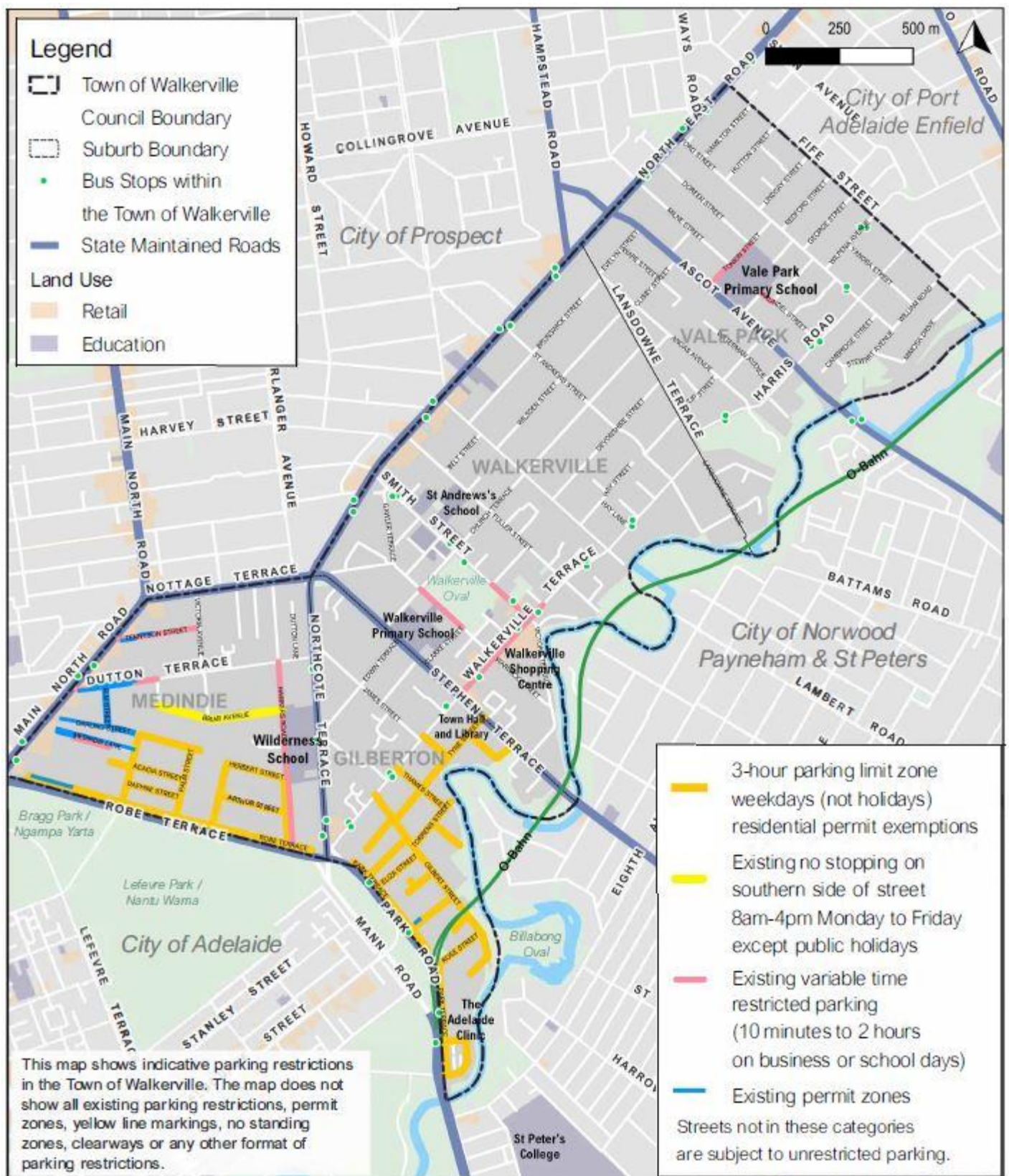
Please see the map on the following page for streets impacted by the change or [click here to view in a new browser](#).

Parking Permit Zone signage will be installed in Medindie and Gilberton outlining the restrictions. This signage will not be placed down every street – as recommended by the community during public consultation to avoid an abundance of signage in the area. The signage will be installed in March 2021 to notify the community and allow the public time to adjust to these new restrictions, however, the changes will not be enforced until 1 July 2021.

Council engaged GTA Consultants review existing traffic, transport and parking conditions in Medindie and Gilberton. During consultation, one key finding within both suburbs was the need to address community concerns in relation to non-resident cars being parked on streets for extended periods of time. In response, Council endorsed a 3-hour permit zone at its 19 October 2020 Ordinary Meeting.

If you have any further questions, please do not hesitate to contact us on 8342 7100 or email [walkerville@walkerville.sa.gov.au](mailto:walkerville@walkerville.sa.gov.au).







## Propel SA – ask the expert!

### Instagram for business “crash course” workshop.

Are you unsure as to how to use Instagram for your business? Join us for a half hour crash course on Instagram for business, covering the below:



- Why use Instagram for your business.
- How to create a community
- Best tips for increasing your followers
- Using Facebook ads to advertise to Instagram
- Stories vs posts
- Your Instagram layout. Is it important?

Tuesday, 2 February 2021, 10am. Members: FREE, Non Members: \$25. [Book now.](#)

## Walkerville Library is back to regular hours!

The library has returned to Saturday hours of 9:30am to 1pm.

You can borrow, use computers and read once again in the library to kickstart your weekend.

We look forward to having your company on Saturdays once again.

Visit the Town of Walkerville [website](#) for current information on available library services due to COVID-19 restrictions.





## Stretch, Meditate & Relax

This age old practice enables us to calm the mind, relax the body, and ease away stress and tension which improves both physical and mental well-being. Learn some simple, easy to apply, and effective meditation and yoga practices to achieve a deeper sense of peace in your daily life. Classes for adults are conducted by practitioners from the Australian School of Meditation and Yoga.



6.00pm, 2, 9, 16, 23 February, Town Hall,  
\$5.00 to attend, bookings essential, call 8342 7100 or [CLICK HERE](#).

## Self Love Club #confidence Workshop



The Workshop (hosted by Tiktok Star and positive role model @jennawiththepink) aims to shift the mindsets of young women through teaching them it's okay to express themselves and accept all of who they are through an educative workshop and providing a safe and supportive online community.

Does your daughter struggle to be her most confident self? Does she love TikTok? This event will allow girls to explore what it means to be confident in a super fun environment whilst being mentored by their favourite online personality!

2:00pm, Saturday, 6 February, Town Hall, \$5.00 per person, aged 9-14, bookings essential, call 8342 7100 or [CLICK HERE](#). Children must be supervised by an adult guardian.



## Making sense of mental health

Words like 'depression' and 'anxiety' are often misused or mis-understood. Understanding and talking about mental health can be a minefield for many of us too. The a presenter shares their lived experience of mental illness as well as the latest information and tools from the Black Dog Institute. The presentation covers causes, signs and symptoms of anxiety, depression and bipolar disorder, when and where to seek help and practical strategies for helping a friend or family member.

6:00pm Monday, 8 February 2021, Town Hall

Free to attend, booking essential, call 8342 7100 or [CLICK HERE](#).



**Black Dog  
Institute**

## Cooking with Scraps Workshop



Don't know what to do with last night's leftover rice? Do you get frustrated when you pay \$3+ for an avocado and most of it is seed!

Most of us spend a significant amount on food each week and much of it goes to waste. It wasn't always this way. Generations before us lived frugally and nothing went to waste. Many of us may not have learnt these skills.

That's about to change! This workshop will walk you through simple solutions to common food waste issues plus resource and cost savings.

Part cooking class, part waste-free living inspiration – and a whole lot of fun! KESAB environmental solutions will offer you tips, tricks, recipes, inspiration and a taster. No kitchen prowess required.

6.00pm Thursday, 11 February 2021, Town Hall

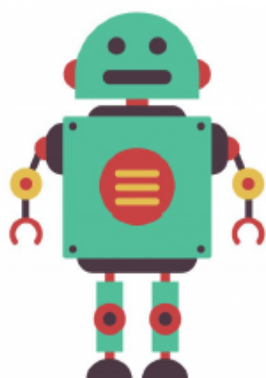
Free to attend, bookings essential, call 8342 7100 or [CLICK HERE](#).



# Coding for kids

It's time to learn some basic coding!

Coding is the art of telling a computer how to perform complex tasks. It is a skill that improves problem solving, creativity and communication. Come along to PLAY, LEARN and CODE.



**PLAY  
LEARN  
&  
CODE**



**EVERY TUESDAY**

**TERM 1 | 4PM–5PM | AGE 5-12**

WALKERVILLE LIBRARY 8342 7150

BOOKINGS ESSENTIAL

[www.trybooking.com/BNZWG](http://www.trybooking.com/BNZWG)

## Weekly Round Up

# Capital Works Update

## Warwick Street, Walkerville

A footpath, using permeable pavers, will be constructed outside of the new picket fence along Warwick Street, from the tennis courts to Church Terrace. Asphalt work on Warwick Street and Clarke Street will occur on Wednesday 27 January 2021 and will take approximately 2 weeks to complete.

## Street sweeping helps keep the Township clean

Our street sweeping programs are seasonally adjusted to effectively manage the level of risk in streets where issues are present generally relating to street tree litter.



While we make every effort to keep our streets clean year-round, you can help out by doing the following:

- Avoid sweeping leaves or clippings onto the road;
- Do not park caravans, trailers or boats on the road for extended periods.

Vale Park	Main Roads	Gilberton/Medindie	Walkerville
27/1/2021	3/2/2021	10/2/2021	21/1/2021
24/2/2021	3/3/2021	10/3/2021	18/2/2021
24/3/2021	31/3/2021	7/4/2021	18/3/2021
21/4/2021	28/4/2021	5/5/2021	15/4/2021
19/5/2021	26/5/2021	2/6/2021	13/5/2021
16/6/2021	23/6/2021	30/6/2021	10/6/2021
14/7/2021	21/7/2021	28/7/2021	8/7/2021

11/8/2021	18/8/2021	25/8/2021	5/8/2021
8/9/2021	15/9/2021	22/9/2021	2/9/2021
6/10/2021	13/10/2021	20/10/2021	30/9/2021
3/11/2021	10/11/2021	17/11/2021	28/10/2021
1/12/2021	8/12/2021	15/12/2021	25/11/2021
29/12/2021			23/12/2021

## SA Power Network Tree Pruning

SA Power Networks vegetation clearance program within the Town of Walkerville will be undertaken between November 2020 and January 2021.

SA Power Networks vegetation clearance program consists of the following programs to manage vegetation near powerlines:

- Annual cyclic program in high bushfire risk areas and risk-based approach in medium bushfire risk areas (approximately 430,000 line spans across the state).
- Pre-fire danger season program in high bushfire risk areas – repatrol all spans that were inspected as part of the annual cyclic program prior to 1 May in that year.
- Three-year cyclic program in non-bushfire risk areas.
- Metropolitan Council program – three-year cyclic program.
- Metropolitan 33kV/66kV Pre- Fire Danger Season Program – preventative maintenance program on high voltage feeders.

### Tree trimming advice

SA Power Networks will be trimming trees around powerlines from now through to January 2021 in the following council areas: Adelaide, Prospect, Walkerville, Marion, Holdfast Bay, Burnside, West Torrens.

This work will help minimise the risk of outages and damage to powerlines and enhance community safety.

Our tree trimming program ensures we meet legislative requirements and deliver electricity reliably and safely to homes and businesses in the area.

For more information call us on 13 12 61 or visit [sapowernetworks.com.au/trees](http://sapowernetworks.com.au/trees)

They have advised Council of their intention to commence these works throughout the township. Further information on this program can be found on their website or via the following link [SA Power Networks Vegetation Clearance Program](#).

Any queries relating to these works can be directed to SA Power Networks.



# Open for Consultation

## Draft Public Land Encroachment Policy



The *Local Government Act 1999* (Act) requires Council to have in place policies, practices and procedures for dealing with any reasonable request for the use of public land. The Public Land Encroachment Policy (Policy) provides the basis for Council to manage encroachments on, over and under public land.

The Policy has undergone a scheduled review and is presented to the community for public consultation.

[Click here to view the draft Policy.](#)

Written submissions should be submitted as follows:

If posted, to:

The Chief Executive Officer  
Draft Public Land Encroachment Policy  
Town of Walkerville  
66 Walkerville Terrace  
GILBERTON SA 5081

Or if emailed, to:

[walkerville@walkerville.sa.gov.au](mailto:walkerville@walkerville.sa.gov.au) with the subject line “Draft Public Land Encroachment Policy”

Consultation closes 5pm Tuesday 26 January 2021.

# Open for Consultation

## Levi Park Oval upgrade



A table tennis table, new fenced enclosure, bench seats, drinking fountain and landscaping are all part of the plan for an upgrade of Levi Park Oval.

The Town of Walkerville will be undertaking the project in order to improve the area for the community and to create a destination that speaks to the history of the Township. This includes the proposal for new almond trees to strengthen the historical link between Levi Reserve/Vale House and the Belt family – who were known as "the Almonds".

Let us know what you think of the project by completing the survey here:

[www.surveymonkey.com/r/leviparkupgrade](http://www.surveymonkey.com/r/leviparkupgrade)

Consultation closes 5pm Friday 29 January 2020.





# Open for Consultation

## Draft Order Making Policy



Section 259 of the *Local Government Act 1999* (Act) requires Council to prepare and adopt an Order Making Policy (Policy).

The Order Making Policy enables Council to order a person to do or refrain from doing a thing under certain circumstances. These things having regard to:

- Hazards on lands adjoining a place (s254);
- Inappropriate use of a vehicle (s254);
- The power to order the owner of private road to carry out specified roadworks (s216);
- The power to require owner of adjoining land to carry out specified work (s218).

The Policy has undergone a scheduled review and Council is seeking community feedback on the revised document.

[Click here to view the draft Policy.](#)

Written submissions should be submitted as follows:

If posted, to:

The Chief Executive Officer  
Draft Order Making Policy  
Town of Walkerville  
66 Walkerville Terrace  
GILBERTON SA 5081

Or if emailed, to:

[walkerville@walkerville.sa.gov.au](mailto:walkerville@walkerville.sa.gov.au) with the subject line “Draft Order Making Policy”

Consultation closes 5pm **Wednesday 3 February 2021**.



# Open for Consultation

## Draft Suicide Prevention Bill



Many South Australians have been affected by suicide and the consequences can be devastating, complex and long-lasting for families and communities.

Suicide is the leading cause of death for South Australians aged 15 to 44, is the third leading cause of premature death and has the third highest rate of years of life lost for all conditions.

The [draft Suicide Prevention Bill](#) proposes to establish measures to reduce suicide in South Australia. It will promote a whole of community focus on suicide, underpinned by sustained engagement with the community, government and non-government agencies, and services and community organisations such as Suicide Prevention Networks.

The purpose of the Bill is to have a legislative mechanism that aims to reduce the incidence of deaths by suicide and suicide attempts in this State. It proposes to do so through a number of measures, including:

- Establishing a Suicide Prevention Council to oversee suicide prevention and postvention (activities and programs to support people bereaved by suicide) and prepare a State Suicide Prevention Plan.
- Requiring certain agencies to have suicide prevention plans which respond to not only their employees but also their consumers.
- Establishing the capacity to declare certain means or methods of suicide as a controlled lethal means.
- Establishing a suicide register to provide more timely information that will assist in a targeted approach to suicide prevention initiatives.

You can provide a written submission or complete the community survey at: [yoursay.sa.gov.au](https://yoursay.sa.gov.au). There will also be two public webinar consultations with interested stakeholders. Details are available on the [YourSAY website](#).

Consultation closes 5pm Friday 12 February 2021.

## Council Meetings

The next Ordinary Meeting of Council will be held on Monday 15 February 2021.

All Council and Committee meetings will be temporarily held online until further notice. The Council Chambers will not be open to the public during this time, however, meetings will be [live streamed via YouTube](#).

Questions for public question time may be submitted to the Chief Executive Officer by 5pm on Monday 15 February 2021 via email ([kcristol@walkerville.sa.gov.au](mailto:kcristol@walkerville.sa.gov.au)), post (Chief Executive Officer, PO Box 55 Walkerville SA 5081) or hand delivery (Community and Civic Centre, 66 Walkerville Terrace, Gilberton).