

TOWN OF ABOUT TOWN WALKERVILLE

YOUR 1st SOURCE OF LOCAL NEWS

Summer EDITION 19

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FREE

FROM THE MAYOR OF WALKERVILLE

In early 2014, when the Council of the day consulted on a proposed master plan for an integrated sporting hub at Walkerville Oval, I was 100% against it. In fact, it was one of the issues that propelled me to nominate for Council in the November 2014 elections.

While I believe in having values that don't waver, I don't believe in having an entrenched position that isn't open to the realities of change either. Over the course of five years on this Council, I have observed that our community in 2019, is in a different place to where it was in 2014. As a result, I have had to adapt my position on this issue. Put simply, our demographic is getting younger – and

our sporting infrastructure is getting older. Our sporting facilities at Walkerville Oval no longer meet contemporary expectations or compliance codes. In this day and age, separate change facilities for males and females should be a given. Most significantly, the lack of full disability access at the Sports Club is no longer acceptable. Community assets ought to be inclusive – not exclusive.

Another factor, that has changed my view, has been the strong response from our annual Town wide survey. Once a year, Council invests in community research by commissioning a demographically representative survey*. Data is collected via telephone interviews, online and social media. The survey is also available to the broader community and these results are included in the data.

In March 2019, the survey told us that 76% of people surveyed would support an upgrade at Walkerville Oval and Sports Club. For these reasons, we are revisiting the master plan for a sporting hub at Walkerville Oval. In October, I hosted two information sessions – one for stakeholders (i.e. sporting clubs and associations), and the other for the broader community. However, this is just the start of the conversation. An extensive round of public consultation and engagement is being planned for 2020. In regards to any future redevelopment at Walkerville Oval, I would like to put the following on record:

1 NOTHING will happen on this site, unless funding is secured. \$3 million dollars have been set-aside from Council's budget, but this will not be allocated to this project unless we successfully achieve co-funding.

2 NOTHING will happen on site until we have further public consultation in early 2020.

3 NOTHING will happen to the Memorial Gardens on Church Terrace (where we hold the ANZAC and

Remembrance Day Ceremonies). The gardens will not be relocated and they will remain as they are.

4 The footprint of the Walkerville Oval site will not change.

2020 promises to be a year of robust community conversations and engagement. As we go to print, Council is also turning its attention towards updating its vision for the 2020-2024 Strategic Plan, which will go out to public consultation in early 2020.

As 2019 begins to wind down, I hope you find time to pause, reflect and recharge for the coming year.

From my family, to yours, I wish you all a very Merry Christmas and a Happy New Year.

Elizabeth Fricker

Mayor of Walkerville

*Annual survey results can be viewed online: www.walkerville.sa.gov.au/annualcommunitysurvey



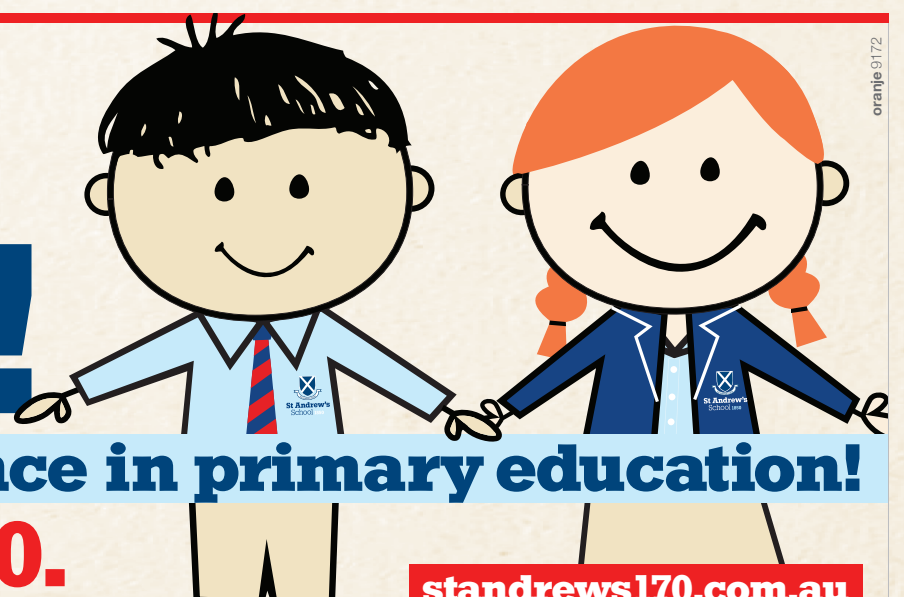
Mayor Elizabeth Fricker at the 2019 Walkerville Xmas Fair. Mayor Fricker is the Chair of the Women of Walkerville (WOW) Foundation. On the day of the fair, a WOW charity raffle raised almost \$700 in support of Catherine House and Eastern Womens Domestic Violence Centre.

170 YRS **St Andrew's School** 1850
WALKERVILLE

170in2020!

Celebrating 170 years of excellence in primary education!

Open Day: 15 March 2020.



standrews170.com.au



Proudly working towards becoming a
White Ribbon Accredited Workplace



www.walkerville.sa.gov.au

➤➤➤➤➤ All the fun of the 2019 Walkervillage Xmas Fair ➤➤➤➤➤

Sunshine and blue skies, ensured record crowds at this year's Walkervillage Christmas Fair.

Held on Levi Oval at Vale Park, this is Council's most significant community event. With its focus on free family fun – this year's event offered a range of **free** entertainment for young and old. From Christmas Carols sung by a choir to free camel and pony rides, Levi Oval was buzzing with the excitement of the coming season. Council thanks all local community groups and schools who took part in the event.

Photos: Alice Healy



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above and below the
waist.

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[xquisitesolutions@
dronuma.com.au](mailto:xquisitesolutions@dronuma.com.au)

4 Robe Tce | 8344 2482

Rachel Sanderson MP

State Member for Adelaide

"Wishing you peace & happiness this Christmas and throughout the year."



84 Prospect Road, Prospect, SA 5082. | P: 8269 1838
E: adelaide@parliament.sa.gov.au | www.rachelsanderson.com.au

Council news



Making history: St Andrew's Church, Walkerville

On Monday 30 September 2019, local residents and media, along with Rev Sam Goodes and Mayor Elizabeth Fricker gathered to witness a truly incredible sight – the raising of the clock

tower's six bells and the removal of the clock.

The six bells have now been shipped to London for refurbishment and the clock is being repaired locally.

A fund for this restoration project has been established through the National Trust and donations are tax-deductible:

St Andrew's Church and Restoration Fund

BSB: 633-000
Acc No: 144 114 147

Strumming along to his very own tune

Ukulele teacher Rick Whitehead and his band of ukulele musicians were a crowd favourite at the 2019 Walkerville Xmas Fair. Strumming along was 83 year old Gilberton resident Michael Seymour-Downey, whose association with the ukulele goes way back.

One of Michael's most treasured possessions is a ukulele from the 1920s that belonged to his father and was passed on to him.

'I remember being aware of that particular ukulele when I was

about 10 years old and being really keen for my Dad to show me how to play it', recalls Michael. 'Dad was always the superior player and I was always the student.'

Musical talent ran in the family and has passed down the generations. His mother played the piano beautifully – as does Michael. These days Michael enjoys regular 'jam sessions', strumming his ukulele in perfect unison to the jazz beat of the saxophone, played by his youngest daughter Sophie.



'After a while, you have enough of just listening to music and you just want to make music', says Michael, who says it's a real thrill to play with other ukulele players 'all trying to croak out the same song!'

Ukulele classes for 2020 start **Monday 3 February 2020**
Enquiries: walkerville@walkerville.sa.gov.au or tel 8342 7100.

Council line-up

Every November, the Council nominates its new Deputy Mayor.

At the November Ordinary Meeting of Council, Councillor James Williams stepped down from his 12 month term as Deputy Mayor and Councillor MaryLou Bishop accepted the position of Deputy Mayor until November 2020.

In other changes:

- Cr Furlan was appointed to Council Assessment Panel.
 - Cr Williams and Cr Nenke were reappointed to the Wesleyan Cemetery Advisory Group.
 - Mr John Rolls was appointed to the Waste Advisory Group as a community representative.
 - Cr Ashby was appointed to the Waste Advisory Group as Council's representative, replacing Cr Furlan who stepped down due to his appointment on CAP.
- 2020 dates
4 – 6pm Mondays
20 Jan, 17 Feb, 16 Mar, 20 Apr, 18 May, 15 Jun, 20 Jul, 17 Aug, 21 Sep, 19 Oct, 16 Nov, 21 Dec
This is a drop-in clinic and appointments not required.
www.eha.sa.gov.au

2020 Immunisation clinics

Through the Eastern Health Authority (EHA), Council provides free immunisation services to people in the Council area. Immunisation clinics are held once a month on Mondays, in the Civic and Community Centre on Walkerville Terrace.

EHA provides vaccines for children and adults on the National Immunisation Program (NIP) to people with a current Medicare card. EHA also offers the School Immunisation Program (SIP) and adolescent catch-up programs to students and residents of EHA Council areas. The annual flu vaccination is also available. Walkerville residents can also utilise the services of other EHA immunisation clinics, should Mondays not be convenient. Check the EHA website for location details.

2020 dates
4 – 6pm Mondays
20 Jan, 17 Feb, 16 Mar, 20 Apr, 18 May, 15 Jun, 20 Jul, 17 Aug, 21 Sep, 19 Oct, 16 Nov, 21 Dec
This is a drop-in clinic and appointments not required.
www.eha.sa.gov.au

Join the Walkerville Walkers

The wellbeing benefits of walking are far reaching – but it can be a challenge to motivate yourself and set out on your own. Thanks to the Walkerville Walkers, you can walk with company! It's free, you'll meet new people and rediscover the many architectural and natural attractions of our Town. This year Council has been working with the Walkers to produce a series of themed walking maps.

The Walkerville Walkers meet 8.30am Monday mornings at the car park next to the Lawn Tennis Courts on the corner of Stephen Terrace and Cresswell Court.

Enquiries:
walkerville@walkerville.sa.gov.au or
telephone 8342 7100 during business hours.



Enquiries for businesses for paid advertising to: walkerville@walkerville.sa.gov.au
Community groups and organisations can promote their services and activities for free in the Community Noticeboard. Enquiries: walkerville@walkerville.sa.gov.au

Council news cont...



Avoid, reduce, re-use, recycle and compost this Christmas!

With Christmas just around the corner, here are some great ways you can avoid, reduce, re-use, recycle and compost waste – and give Planet Earth the best Christmas present ever!

In 2018, seven out of 10 Australians received at least one unwanted gift at Christmas which equated more than 60 million unwanted gifts. So find out what your recipients

really like or choose an experience to enjoy or a charity gift.

Embrace the Kris Kringle method and purchase one good gift per person, rather than lots of gifts for everyone.

Provide rechargeable batteries and a recharger pack with any battery operated gifts. It will save money and ensure that less batteries are used. Batteries can be recycled at ALDI, Battery World and IKEA stores. Check with your Council as they may also offer battery recycling.

Avoid plastic and choose a live Christmas tree instead

of a plastic one. It will fill your home with a lovely fresh pine scent. When Christmas is over, you can mulch or cut up the tree and place it in your green lidded bin.

Christmas is a time when we prepare and eat lots of delicious food... but let's not waste it! Many people are unaware that food waste is a significant contributor to climate change due to the methane, a potent greenhouse gas that is produced from rotting food in landfill. Avoid wasting food by planning ahead.

Place all food scraps including meat, seafood,

bones and dairy, unwanted left-overs or spoilt food in your green lidded Food and Garden Organics/FOGO bin.

Buy good quality decorations that can be reused for many years to come.

Make your own decorations using reused Christmas paper and cards, cardboard or natural materials such as pinecones and gumnuts. This is also a great holiday activity for children.

Recycle Christmas wrapping – paper only – no cellophane or plastic wrapping please!

Cellophane can be recycled in the REDCycle bins found at Coles and Woolworths.

For more information:
eastwaste.com.au/lets-avoid-reduce-re-use-recycle-and-compost-this-christmas/

Seasons Greetings from Walkerville Council



Christmas / New Year operating hours:

Council offices and library will be closed to the public from COB on Friday 20 December 2019 and reopening 9am Monday 6 January 2020.

Throughout the Christmas/New Year closure, Council's telephone contact is 08 8342 7100 which connects to a 24 hour service provider (not Council staff).

SCAMMELL & Co.

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Serving our community since 1887.

In addition to our Wills and Deceased Estates practice we are now pleased to offer advice in the areas of:

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Rachel Sprod
Senior Solicitor
E: rsprod@scammell.com.au



Meegan Prior
Solicitor
E: mprior@scammell.com.au

8342 0300

107 Walkerville Terrace, Walkerville SA 5081

Visit us online: www.scammell.com.au



Mondays

it's baby bounce

Baby bounce is songs and rhymes, lots of smiles and special times!

To keep our 30 minute sessions interactive and focussed on first year development we have capped participation from birth to 18 months. Baby bouncers* can then graduate to our new Toddler Time.



10am Mondays
Starts 3 February 2020

FREE Pram parking in foyer
Walkerville Town Hall
Excludes public and school holidays
*Max 20 babies per session. One ticket per baby. Tix can be collected from concierge 30 mins before session.



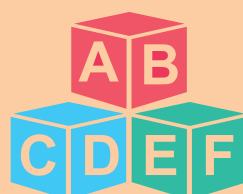
Wednesdays

it's toddler time

Toddler time is learning and fun, lots of giggles for toddlers on the run!

Toddler Time* is 30 minutes of stories, songs and rhymes for little ones aged 18 months to 3 years. The focus is on language development and social interaction.

10.30am Wednesdays
Starts 29 January 2020



FREE Pram parking in foyer
Walkerville Library
Excludes public and school holidays
*Max 20 toddlers per session. One session per toddler. Tix can be collected from concierge 30 mins before session.



Fridays

it's storytime

Sharing stories old and new, a story for me and a story for you!

Share the gift of reading and stories, includes a craft activity
Storytime is for 3 to 5 year olds and runs for 30 minutes

10.30am Fridays
Starts 31 January 2020

FREE
Walkerville Library
Excludes public and school holidays
*Max 15 children per session. One ticket per child. Tix can be collected from concierge 30 mins before session.



COMMUNITY NOTICEBOARD



**KINDERGYM
CIRCUS SKILLS
ACRO**

**ANIMAL YOGA
JUNIOR PARKOUR**

**GYMNASTICS
BIRTHDAY PARTIES
DEC/JAN HOLIDAY PROGRAMS**

**Located at
St Andrew's School Walkerville
Contact us**

**E. info@22too.com.au Ph. 0434189037
www.22too.com.au**

Affiliated with Gymnastics Australia



22toolt



22.too

22Too holiday programs

Holiday programs are held at St Andrew's School in Walkerville and offer gymnastics, martial arts, acro, games skills, mini crickets, junior parkour (Ninja Warrior), quidditch (Harry Potter), orienteering, Olympic handball, dance play and fencing.

Ages 3-5
(9am – 12pm)
Ages 6-12
(9am – 3pm) half day option for older children.

**12 December
16 to 19 December
15 to 17 January 2020
22-24 January 2020**

Bookings and enquiries:
to Glenda or Janet,
0434 189 037 or email:
info@22too.com.au
www.22too.com.au

INEA YMCA vacation care

Looking for fun things for kids to do over the holiday break and programs to keep them active, engaged and entertained? INEA YMCA vacation care is for school children of all ages and abilities.

Summer activities include: excursions, craft, sporting activities, gymnastics and even cooking and water games to keep you cool in the heat.

Vacation care runs from **9 to 24 December** and re-opens in **2020 on the 2 January until the 24 January**. It's happy days all summer long.

Bookings and enquiries:
tel 8344 3811 or email
inea@ymca.org.au



L-R Andrew, Kira and Patrick

Boot camp

Kick start the day with INEA YMCA early morning boot camp sessions. Whether you're looking to increase your strength and energy, achieve fitness goals, or keep your training fresh and challenging this is the boot camp for you. Run by a friendly team of experienced instructors with tailored trainings to suit you.

Sessions run for 45 minutes and are accessible throughout the school term at two convenient

locations in the eastern Adelaide region.
**6.15am to 7am
Mondays and Thursdays
39 Smith Street,
Walkerville**

**6am to 6.45am
Tuesdays
344 the Parade,
Kensington**

Casual booking:
\$6 for 1 session
Multi class pass:
\$27.50 for 5 sessions
\$50 for 10 sessions
Bookings at enquiries:
Sophie Beers at
sbeers@ineaymca.asn.au
or call 8344 3811
www.inea.ymca.org.au

Daily Moves



Daily Moves is a free physical activity program available to residents in the Eastern metropolitan Adelaide, including Walkerville. Participants undertake a fitness assessment and goal setting session at a location near them or in their home. From there,

participants can receive a range of free support to help them achieve their fitness goals including one to one assistance.

For more information
contact the team
based at the City of Unley
on 8372 5471.

Christmas at the Walkerville Uniting Church

**9.30am
Sunday 15 December**
Traditional Carols Service.

**9.30am
Sunday 22 December**
Family Nativity Play
Children dress-up during the service and re-enact the Nativity story (costumes provided) includes well-known Christmas carols.

**9am
Wednesday 25 December**
Christmas Day Service.

**Walkerville Uniting Church is located at
17 Smith Street, Walkerville**

More information
on our Facebook Page and Website: www.walkerville.unitingchurch.org.au
Church Office: 8342 5875.

Walkerville Rostrum: finding your voice

Rostrum helps people gain self-confidence, become persuasive, find the right job, become a leader and prosper in life. They are non-political, non-sectarian and not-for-profit.

At the end of the meeting, a friendly Accredited Coach provides constructive feedback and tips to help us develop your skills. At Walkerville Rostrum you will learn to think on your feet and 'find your voice'.

**Meetings are held every second and fourth
Wednesday at 12.30pm
at the RSL Hall,
98 Walkerville Terrace**

Enquiries to: Peter,
mobile 0418 820 702 or
sacub35@rostrum.com.au

African dance classes

If fun and fitness is on your New Year resolution list, then African Dance Classes may be just the ticket. This weekly fitness program is presented by Ibina Cundell. Classes are aimed at the 50+ age group – but all ages and abilities are welcome. No sense of rhythm you say? Well according to Ibina, 'if you have the willpower to show up every week – you can dance!'

**2020 classes start on the 7th January.
10.30am to 12.30pm
Tuesdays
Walkerville RSL,
98 Walkerville Terrace,
Walkerville**

\$10 per class. No sign up or pre-booking required.
Payment in cash only prior to class.

Anyone for Bridge?

Mondays and Thursdays are Bridge days at the Walkerville Bowling Club. You will need to know how to play contact Bridge but you don't need a partner.

Bridge starts at 1pm and ends at approximately 4pm.

A lecture prior to the game begins at **12.15pm**.

PS: Mondays are quite busy, but there is plenty of room on Thursdays for more players.

Players usually take a plate of food for afternoon tea, and tea and coffee are free.

No game 26 December 2019.

Enquiries to:
Gary Deaton, SA Bridge Association 0414 464 872

COMMUNITY NOTICEBOARD cont...



War and pieced, wartime quilts appliqué and geometric masterpieces

Australian Decorative and Fine Arts (ADFAS)

For those with a love of the finer things in life ADFAS hosts monthly lectures in the Walkerville Town Hall on a range of specialists subjects including: art history, landscape gardening and design, architecture, textiles and music. Lecturers come from the UK and Australasia. ADFAS Adelaide one of 37 societies in Australia associated with the Arts Society, United Kingdom.

Early 2020 lectures:
Power you design – dictating the Hitler brand

This lecture will focus on the use of posters for propaganda and how they became weapons of evil. The lecture is presented by Charles Harris, an award winning Creative Director for a UK based international advertising agency.

10.30am Wednesday 19 February, followed by morning tea at 11.30am
War and pieced, wartime quilts appliqué and geometric masterpieces
Hot off the heels of a sell-out exhibition at the NYC American Folk Art Museum, Annette Gero, delves into this fascinating topic. She will also bring a selection of her extensive collection of quilts, some dating back to the 19th century.

10.30am Wednesday March 25 followed by morning tea at 11.30am.

Visitors are welcome. The cost is **\$25** per lecture or you may join **\$150** for the year and enjoy a series of 9 lectures.
Bookings: contact our membership secretary Gillian Potter 0418 369 012 in January 2020.

Mini Mons at St. Monica's

Join in weekly Play & Explore sessions for infants, toddlers and pre-schoolers.

Must be accompanied by parent/guardian. Sessions are run by an experienced school staff member.

**9am – 10.30am
Fridays**

**St Monica's
Parish School,
92 North East Rd,
Walkerville**

Cost: **\$6** per session
(**\$10** for 2 children)

What to bring:

As well as your morning snack, please remember to bring a hat, water bottle and a change of clothes for outdoor play.



St Andrew's Primary School 170th Anniversary Open Day

A fun-filled day of St Andrew's in action, with demonstration lessons, come and try sessions, performances, food stalls and amusements.
Sunday 15 March 2020
FREE entry. No bookings necessary, simply show up!

Enquiries to: Marissa Brown, tel 8168 5555 or publicrelations@standrews.sa.edu.au

Walkerville Mens Probus Club

Walkerville Mens Probus Club is a social club for retired and semi-retired men.

The Club holds its meetings at the Walkerville Town Hall on the 3rd Tuesday of every month between 10am and noon. Each meeting features an interesting speaker and covers a range of

thought provoking and informative topics.

Upcoming talks:
17 December 2019
Dennis Henschke
talks about North Korea – the hidden kingdom.

21 January 2020
Tom Playford
talks about his father and influential Premier of SA, The Hon Sir Thomas Playford GC MG.

18 February 2020
Professor Wendy Lacey
Executive Dean Faculty of Business Government and Law, at University of Canberra talks about the Charter of Rights and Freedom of older persons.

For further information contact secretary Ross Fletcher on 8344 2389



Pleasant Sunday Afternoon concerts

Walkerville Rotary is bringing live music back to the Walkerville Town Hall with its popular Pleasant Sunday Afternoon concerts. Their first event for 2020 will be in March and showcases the colour and vibrancy of the Adelaide Accordion Group.

2.15pm
Sunday 15 March 2020
Includes afternoon tea
If you require transport please contact Peter Sowden on 0402 491 255 or email sowden48c@gmail.com or enquiries@walkerville.rotaryust.org



Walkerville Physiotherapy

83425544



Back or leg pain? Trouble standing or walking?

**If back or leg pain are keeping you from being active with family and friends,
WALKERVILLE PHYSIOTHERAPY CAN HELP**

Losing mobility and independence can be a serious worry of aging. You may feel pain, or get tired and heavy from standing or walking more than a few minutes. Chronic pain, reduced joint mobility, Degenerative Disc Disease or Spinal Stenosis can all impact on your ability to enjoy life to the fullest.

Physiotherapy can help. Call us today!

Walkerville Physiotherapy

At Walkerville Physiotherapy we are experts in helping over 45s stand, walk longer, and stay active, mobile, healthy and above all be **fully independent!**

Wouldn't it be great to be able to:

- > Be active outdoors in nice weather
- > Enjoy holidays with family and friends
- > Work in the house and garden

Without having to keep stopping to sit?

105 Walkerville Terrace

83425544



Learn



Laugh



Inspire



Beeswax wrap workshop

Get busy with KESAB's beeswax wrap workshop and learn how to make your own plastic-free alternative to cling wrap. Take home something unique, practical and eco-friendly.

Included in the workshop is a DIY manual so you can make your own at home – and show your friends.
5.30pm – 6.30pm
Monday 13 January 2020
Walkerville Town Hall
\$5 per participant

Adults and children (children need to be accompanied by an adult)
Online bookings: at beeswax-wrap-workshop.eventbrite.com.au or tel on 8342 7100 during business hours.



Games and puzzles

Come in to the **foyer of the Civic and Community Centre** and discover a range of board games and puzzles.

A fun, interactive way to play – in air conditioned comfort!
6 – 10 January 2020



Sand art workshop



Sand art is a fun activity for children to express their creative talents and take home a unique work of art. While participants immerse themselves in this colourful and creative process, they'll also be enhancing motor skills, improving hand-eye coordination and sharing the joy of creating something memorable. Presented as part of Council's school holiday program.

Session one:

10.30am to 11am

Session two:

11am to 11.30am

Thursday 16 January 2020
Walkerville Town Hall

For ages 3+

\$2 per child participant

Free for supervising adults

Online bookings: sand-art-workshop.eventbrite.com.au or tel 8342 7100

during business hours.



Summer Reading Challenge



Our Summer Reading Challenge for children and young people continues through to **January 2020**.

This year's theme – *A roomful of stories* – celebrates the International Year of Indigenous Language with a focus on the use of oral language story telling. Every person has a tale to tell, and the language used to express that story is a vital component in the story-telling.

Reading Challenge starter packers are available from the Library. Fill in a reading log with every book read or heard (audiobooks) or read to. There are instant prizes for children every time they return their completed reading log.

Every completed reading log goes into the drawer to **win a \$50 voucher** from Dymocks Adelaide (one voucher for children up to 5 years and one voucher for children 6 years and up).

Find out more about this national literacy initiative at summerreadingclub.org.au/theclub



Children's morning matinee: Frozen

Following the much anticipated release of *Frozen 2* in Australia, Council will present a screening which takes us back to where the magic of *Frozen* first began. Rediscover the appeal of this animated classic which tells the story of a

fearless princess who embarks on an epic journey to save her kingdom. Presented as part of Council's school holiday programs.

10.30am – 12.15pm

Tuesday 14 January 2020
Walkerville Town Hall

Children 5+

\$2 per child.

Free for

supervising adults.

Online bookings:

movie-frozen.

eventbrite.com.au

or tel 8342 7100 during business hours.



Digital Springboard: How to write your cover letter

This **FREE** course shows you how to write a great cover letter – but with a digital edge. Get best practice tips for writing a cover letter when you're applying for a job and learn about some of the digital tools that will help you stand out from the crowd.

What it covers:

- what a cover letter is for and how to write one
- how to succinctly summarise your skills and strengths in an attention-grabbing way



- what recruiters want to read in a cover letter
- the digital landscape that defines current recruitment practices
- online tools you can use to manage your digital footprint.

Learner prerequisites:

- low to medium understanding of how to use a computer and low to medium understanding of what social media is
- some experience using Microsoft Word.

What to bring:

- your laptop or tablet, or a USB (or you can borrow one of ours).
- your existing CV, a cover letter if you have one or a list of your work history.

Write a cover letter for FREE

For 13 years+ and adults
10am – 12pm

Friday 17 January 2020
Room 1855, Civic and Community Centre
Online bookings:

howto-writeyourcoverletter.eventbrite.com.au or tel 8342 7100 in business hours.

It's slime time!



Make your very own slime in our masterclass. Choose your own colours and even add a touch of glitter, or a creepy crawly bug or two! Presented as part of Council's school holiday program.
10.30am – 11.15am
Wednesday 22 January
Walkerville Town Hall
\$2 per child 4+
Free for supervising adults
Bookings online: eventbrite.com.au or tel 8342 7100 during business hours.



Mums & bubs yoga

Mums and Bubs Yoga classes help mums to release tension, strengthen their body, improve posture and restore energy through yoga and mindfulness. For babies, these classes offer movement to aid in strength and development using touch, rhymes and songs. The classes help mum and baby bond through communication, massage, connection and play. While the class is primarily aimed at new mums, all parents or carers are welcome. Presented as part of

Council's school holiday program. Mums must have the all clear from their Doctor. Facilitated by Blooming Hearts Yoga & Wellness Blooming Hearts

Babies 6 weeks postpartum to crawling
10am – 11am
Monday 20 January 2020
Walkerville Town Hall

FREE

Bookings essential:

mums-bubs-yoga.

eventbrite.com.au

or tel 8342 7100

in business hours.



LEGO animation workshop

GooRoo's LEGO animation workshop teaches students how to create their very own 'Brick Films'. They will get a behind the scenes glimpse of what goes into producing a professional

animation, and learn how to bring LEGO to life using the Stop Motion Studio App available on mobile devices. Videos will be screened to the group and uploaded to YouTube

via the GooRoo Animation Workshop Channel. LEGO is provided or bring your favourite set to work with. Presented as part of Council's school holiday program.



1pm – 4pm
Thursday 23 January 2020
Room 1855
\$25 per participant

Online bookings:

trybooking.com/571234

or tel 8342 7100.





Learn



Laugh



Inspire

Digital Springboard: How to build your CV

This **FREE** course is for people who want to build their CV from scratch or just want to refresh their existing one.

It covers the key components and shows how you can use digital tools to provide an edge when building your CV.

What it covers:

- what a CV is and how to write one
- online tools that can help build and strengthen your CV



- how to think creatively about your skills and experience and showcase them in your CV

- what a digital footprint is and how it relates to job searching.

Learner prerequisites:

- low to medium understanding of how to use a computer and social media
- some experience using Microsoft Word.

What to bring:

- your laptop or tablet, or a USB (or you can borrow one of ours).
- your existing CV, a cover letter if you have one, or a list of your work history.

Build a CV for FREE

For 13 years+ and adults
10am – 12pm
Friday 24 January 2020
1855 Room
Online bookings:
howto-buildyourcv.
eventbrite.com.au or tel 8342 7100 in business hours

Meditation and Yoga



The age old practice of yoga and meditation enables us to calm the mind, relax the body, and ease away stress and tension which improves both physical and mental wellbeing. Classes are for adults and conducted by practitioners from the Australian School of

Meditation and Yoga. Presented as part of Council's wellbeing programs. Classes commence **Tuesday 28 January 2020** **Tuesdays 6pm – 7pm** Classes **\$5** **Bookings & pre-payment essential:** meditationtow. eventbrite.com.au or tel 8342 7100 in business hours.



Movie screening: Palm Beach

A group of old friends reunite at Sydney's Palm Beach to celebrate a special birthday. However, the fun soon gives way to the messy realities of life. Filmed in Sydney's iconic Northern Beaches, *Palm Beach*, features a stellar line up of Australian talent who bring to life a heartwarming tale of life-long friendships, past regrets and secrets. It's a dramatic comedy for the over 50s! Presented as part of Council's wellbeing program.



Rating: M
Genre: Comedy/Drama
10.30am – 12.15pm
Thursday
13 February 2020
Walkerville Town Hall
Light refreshments will be provided. Gold coin donation on arrival.
Online bookings: matineemovie. eventbrite.com.au or tel 8342 7100 during business hours.



Rightsize strategies for downsizing

Taking the first steps to move into a smaller home can be overwhelming. The *Rightsize approach* offers practical, less stressful and action-based solutions.

- Start identifying your areas of biggest concern.
- Learn positive techniques to make your transition less stressful.
- Learn how to make a plan that will work for you and your timeframes.
- Follow a proven set of strategies that will lead to success.



Get practical tips and skills from Amelia Balmer, author of *Rightsize your life: the balanced approach to living better with your belongings*. Amelia will show you how to simplify your life as you step into your future. Presented as part of Council's wellbeing program.

Adults **6.30pm – 8pm**
Monday 20 January 2020
Walkerville Town Hall
\$5 per participant

Online bookings:
downsizing-workshop. eventbrite.com.au or tel 8342 7100 during business hours.

Osteoarthritic pain presentation

This presentation focuses on what causes osteoarthritis and how to manage it and minimise the impact in your daily life. Presented as part of Council's wellbeing program.



2.30pm – 3pm
Thursday 30 January 2020
Walkerville Town Hall
Adults **FREE**

Online bookings: pain-presentation.eventbrite. com.au or tel 8342 7100 in business hours



Worm farm workshop



This workshop is run by organic and sustainable gardener Alan Shepard and will provide a theoretical and practical understanding of composting and worm farm systems. Compost worms are efficient at recycling food scraps and the resultant castings and worm juice will add nutrients to the soil. At this session you will learn how to set up various systems; what to feed and what not to feed the worms; how to use the

castings and juice and most importantly how to keep compost worms alive in hot weather. Each participant will receive information on where all items can be purchased to make their own worm farm. Facilitation by KESAB. Presented as part of Council's Wellbeing program. Adults **2.30pm – 3.30pm**
Friday 31 January 2020
Walkerville Town Hall
\$5 per participant
Online bookings: worm-farm-workshop.eventbrite. com.au or tel 8342 7100 during business hours.



Digital Springboard: spreadsheets for beginners

This **FREE** course is for people who want to learn how to create a spreadsheet.

We'll walk you through some of the most common spreadsheet tasks like formatting, using templates and downloading and sharing your spreadsheet with others.

What it covers:

- what spreadsheets are and how they're used
- ways that spreadsheets can be efficient
- have a go at creating, editing and sharing spreadsheets.

Learner prerequisites:

- medium understanding of how to use a computer
- some familiarity with the internet.

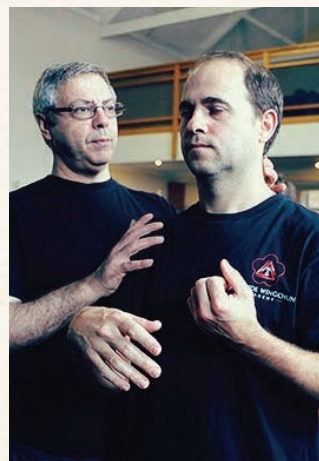
What to bring:

- your laptop or tablet, or a USB (or you can borrow one of ours).

For 13 years+ and adults
10am – 12pm
Friday 28 February 2020
Room 1855

Online bookings: learn-spreadsheetsforbeginners. eventbrite.com.au or tel 8342 7100 during business hours.

Learn spreadsheets for beginners for FREE



Senior self-defence with Adelaide Wing Chun



Learn the basics of self-defence with Adelaide Wing Chun in this 3-week course. Classes go for an hour and wearing loose comfortable clothing is recommended.

Suitable for all levels of fitness. Presented as part of Council's wellbeing program.

Seniors **FREE**
10am – 11am Fridays
7, 14 and 21 February
Walkerville Town Hall

Online bookings: senior-self-defence.eventbrite. com.au or tel 8342 7100 in business hours.



Our early development programs will be on hiatus during the summer school holidays returning in early 2020:

Baby Bounce: 10am Monday 3 February 2020 **Toddler Time:** 10.30am Wednesday 29 January 2020 **Storytime:** 10.30am Friday 31 January 2020 **LEGO Club:** returns Monday 24 February